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# A Little Bit Of Dirt: 55+ Science And Art Activities To Reconnect Children With Nature



## Synopsis

Dandelion Bubbles, Rain Drums, Seed Bomb Lollipops and more! Bursting with creative hands-on outdoor science and art activities, *A Little Bit of Dirt* is full of motivation to get outside and explore. Whether you're investigating the health of your local stream, making beautiful acrylic sunprints with leaves and flowers, running an experiment with your backyard birds, or concocting nature potions, you'll be fostering an important connection with nature. The engaging activities encourage the use of the senses and imagination and are perfect for all ages. Discover more about the natural world waiting just outside your door!

## Book Information

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## Customer Reviews

"Helping a child forge deep connections with nature is among the most powerful and lasting gifts that any of us can give. An essential ingredient on this journey is abundant, hands-on experiences in nearby nature. In this delightful book, Asia Citro offers up a smorgasbord of engaging activities, many of them marrying art and science as a catalyst to wonder. With *A Little Bit of Dirt* in your hands, you're well on your way to becoming a star nature mentor for the kids in your life!"  
—Scott D. Sampson, host of the hit PBS KIDS series *Dinosaur Train*, and author of *How to Raise a Wild Child*  
Spending time in nature can be a great way for parents and children to connect. Often, however, today's parents feel unsure about how to guide their children's time in nature so that it is meaningful and leads to a greater understanding and appreciation of the natural world. Luckily, Asia Citro's new book *A Little Bit of Dirt* will

guide, inspire, and encourage you to spend more time in nature as a family. This resourceful book contains many exciting project ideas designed to engage children and their parents while providing valuable lessons about nature and its processes. The Extensions ideas in each chapter area wonderful way to scaffold the learning and increase children's problem solving skills through open-ended questions.

Erin Kenny Director of CedarSong Nature School  
Author of Forest Kindergartens: The CedarSong Way

Asia Citro's newest book A Little Bit of Dirt hits the right mark for giving parents, kids, and families simple and tangible ways for connecting with nature just beyond the doorstep. Enticing photographs accompany fun, interactive exercises. An inspiring addition to the Nature Activity section of your bookshelf.

Clare Walker Leslie Author of The Nature Connection and Keeping a Nature Journal

In 10 years, your kids probably aren't going to remember the video game or iPhone app they were playing, but I guarantee you they'll remember digging in the dirt with the activities from this wonderful book. Get out there and get your hands dirty with them!

Stacy Tornio Author of The Kids Outdoor Adventure Book and Project Garden

This clearly designed book is full of easy-to-follow, achievable activities, inviting children to run outside, be creative, and discover the magic of the wild world.

Jo Schofield and Fiona Danks Authors of The Stick Book and seven other Going Wild books

Asia Citro's book, A Little Bit of Dirt, inspires my imagination! Seriously. I can't wait to make dandelion bubbles with the neighborhood kids! Kids love to be active, to be outdoors, to be creative. Asia's book incorporates all of this and more. I highly recommend that all kids discover the outdoors through Asia's creative activities, including my favorites: Nature Boats, Texture Garden, and Nature Weaving. Kids will learn to treasure and care for their outdoor environment while using imagination and creativity.

MaryAnn F. Kohl Bestselling author of over 20 children's art books

A Little Bit of Dirt, recognizes, quite rightly, that nature is the perfect classroom for kids. Asia's book is the ideal resource for anyone wanting to teach children important lessons through play, exploration... and getting just a little bit muddy!

Dawn Isaac Author of 101 Things for Kids To Do Outside, 101 Things for Kids To Do On A Rainy Day, and Garden Crafts for Children

With inviting photographs and activities that dazzle, Asia Citro's A Little Bit of Dirt is a treasure trove of ideas to inspire families to get outside and delight in nature. From building and listening to Rain Drums to creating a Texture Garden, Earthworm Towers, Sun Prints, and Sticky Nature Bracelets, this book is chock full of fresh ideas for getting kids to wonder about the hows, the whys, and the what's that nature has to offer. This book is going in my library

and when it does, more than likely it will be well-worn and covered with a little bit of dirt! – Lynn Brunelle Author of Camp Out! The Ultimate Kids' Guide and Pop Bottle Science

Asia Citro, M. Ed, is a former classroom science teacher and outdoor environmental camp director with a Master's in Science Education. She lives in Seattle, WA and is the author of 150+ Screen-Free Activities for Kids, The Curious Kid's Science Book, and the creator of the popular blog Fun at Home with Kids. Her work has been featured on Apartment Therapy, The Chicago Tribune, Today, Disney Baby, MSN, King 5 TV, Family Fun Magazine, and Highlights, among others.

I bought this for a 4 year old's birthday present. Great ideas to prompt your child to interact with parents as well as nature! I put this in a basket along with some supplies to start some project and it made a great gift!

What an amazing resource for fun things to do with your kids! I purchased all three books and I must say they are all wonderful and well worth the investment. We have completed several of the projects already and plan to do some every week. There are so many fun things and variations that it will take us all year to complete and then we can start all over again! What I love most about the projects is most of them use every day things you have at your house and if you don't have something it's not an expensive item to buy especially if you are a member of Sams or Costco. I highly recommend the liquid watercolors as they are fun to work with, do not stain and have a much more vibrant color. I honestly don't know who is having more fun, the kids playing in all of our creations or me getting to prepare and make the projects! It is fun for the entire family and gives you plenty to do inside or outside. The learning that happens is absolutely wonderful!!

Love this book! There are several crafts and outdoor activities! So many of these ideas can be repeated a lot of times without the child tiring from them. We are very excited to delve into this adventurous book! Definitely recommend.

Useful for my nature center's summer camps as well as a recommended teaching tool for our monthly child care professionals on the benefits of getting outside and encouraging exploration in the natural sciences.

Asia Citro is seriously one of our favorite authors for kid's activity books! It's all very accessible and down to earth and gives us good prompts (and clear directions when we need them!) for helping our kids embrace science in their daily lives.

Excellent reading, very instructive

This was a gift and my daughter was thrilled!

A really nice book for summer activities with smallChildren! Love it!

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